



Regina Palace Hotel Stresa (VB), Italy 28-30 May 2015







STRESA **HEADACHE SEMINAR 2015**



Under the auspices of IHS International Headache Society



Patronage

Italian Minister of Health



ANIRCEFItalian Neurological Association for Headache Research



ASCAssociation for Instruction on Headaches



FICEF Onlus Italian Headache Foundation



C. Besta Neurological Institute and Foundation



SIN Italian Neurological Society



SNOSociety of Hospital Neurologists

STRESA **HEADACHE SEMINAR 2015**

President

Gennaro Bussone (Milan)

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Licia Grazzi (Milan)

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INTRODUCTION

Unlike the Stresa meetings from 1999 to 2013, which focused on specific aspects of headache conditions, I intend the present Headache Seminar to concentrate on current clinical research and treatment for primary and secondary headaches.

This will include social aspects of headache conditions, the pathophysiology of primary headaches – with emphasis on the latest neurophysiological and neurochemical findings – and recent theories on the chronicization of migraine.

Recent functional neuroimaging findings, as they pertain to adult migraine, adolescent migraine, and cluster headache, will be also be presented. This discipline continues to provide new data clarifying relations between cortical circuits and the trigemino-vascular system. Other lectures will explore the classification of chronic headaches, the diagnosis and treatment of adolescent migraine, relations between migraine with aura and acute cerebrovascular conditions, the significance of patent foramen ovale in migraine with aura, and headache in women. Other speakers will discuss headaches related to autoimmune conditions, benign idiopathic hypertension without papilledema, and visual disturbances. As part of the session on Clinical Aspects of Headaches there will be a

lecture on headache in demyelinating autoimmune conditions, with particular reference to migraine headache in multiple sclerosis.

There will be the Symposium presenting new data on the use of botulinum toxin in the prophylaxis of migraine without aura and chronic migraine. There will also be the Symposium of the Italian Headache Foundation (FICEF), during which the definitive results of two clinical studies will be presented: the role of pharmacists in migraine management, and influence of lifestyle and adolescent headache. An important session will be concerned with novelties in the pharmacological treatment of primary headaches, and also with long-term results of cutaneous and deep brain neurostimulation in patients with primary chronic drugresistant headaches.

There will be a poster session and a brief communications session.
The Seminar is distinguished by the high quality of its speakers and the topicality of the themes treated. I hope that, like previous meetings, it will prove an important updating opportunity for all participants. I thank all who contributed, particularly Eva Communication for their unflagging organisational effort.

Gennaro Bussone

Thursday 28 May 2015

13.00-15.00	Registration
15.00-15.10	Welcome, honoured guests
15.10-15.15	President's welcome G. Bussone

WORKSHOP - SOCIAL ASPECTS OF HEADACHES

Chairs: G. Bussone, G. D'Andrea

15.15-15.30	Burden of headaches M. Leonardi
15.30-15.45	Patient-reported outcome measures to stratify chronic migraine patients in different treatment intensity regimens A. Raggi
15.45-16.00	Migraine related disability: focus on work activities D. D'Amico
16.00-16.20	The problem of tolerance in migraine prophylaxis P.B. Rizzoli
16.20-16.30	Discussion

SYMPOSIUM - PATHOPHYSIOLOGY OF PRIMARY HEADACHES

Chairs: P. Barbanti, L. Grazzi

16.30-16.50	Physiopathology of Cephalic Pain: Where are we? A. Panerai
16.50-17.10	Rationale for use of Onabotulinum toxin A in chronic migraine P. Barbanti
17.10-17.30	Botulinum toxin in migraine prophylaxis: Italian neurological experience L. Grazzi
17.30-17.45	Discussion
17.45-18.00	Concluding remarks G. Bussone

SESSION - BRIEF COMMUNICATIONS

Chairs: R. De Simone, G. Pierangeli

18.00-19.00 Presentation of brief communications

Friday 29 May 2015

SESSION - POSTERS

Chairs: F. d'Onofrio, P. Querzani

8.30-9.00 Viewing and discussion of posters

SESSION - MIGRAINE: NEWS IN PATHOPHYSIOLOGY

Chairs: B. Colombo, F. Frediani

9.00-9.20 Neuronal hyperexcitability and headache: an overview

of research findings

M. Aguggia

9.20-9.40 Biochemistry of primary headaches: state of the art

G. D'Andrea

9.40-10.00 Role of IIH without papilledema in the chronicization

of migraine **R. De Simone**

10.00-10.15 *Discussion*

10.15-10.30 *Coffee break*

SESSION - NEUROIMAGING

Chairs: P. Cortelli, G. Tedeschi

10.30-10.50 Functional neuroimaging and migraine pathogenesis:

an update **G. Tedeschi**

10.50-11.10 Alteration of resting state connectivity imaging in

adolescent migraineurs

B. Colombo

11.10-11.30 Functional neuroimaging in Cluster Headache: new data L. Chiapparini - A. Proietti Cecchini

11.30-11.45 *Discussion*

SESSION - CLINICAL ASPECTS OF HEADACHES (PART I)

Chairs: G.B. Allais, G. Bussone

11.45-12.05 Chronic headaches: a clinician's experience of the

2013 IHS Classification

G.C. Manzoni

12.05-12.25 Migraine in the adolescent: diagnostic and therapeutic

approaches R. Sangermani

12.25-12.30 *Discussion*

SIMPOSYUM - NEUROSTIMULATION: PRINCIPLES AND PRACTICE

Chairs: G. Bussone, J. Schoenen

12.30-12.55 Transcutaneous neurostimulation with Cefaly®

in migraine.

What is evidence based? What is experience-based?

J. Schoenen

12.55-13.10 Electromyography data in chronic migraine patients

by using neurostimulation with Cefaly® device:

instrumental and clinical data

H. Didier - P. Di Fiore

13.10-13.15 *Discussion*

13.15-14.30 Buffet lunch

SESSION - CLINICAL ASPECTS OF HEADACHES (PART II)

Chairs: M. Aguggia, G.C. Manzoni

14.30-14.50 Migraine with aura: which patients are most at risk

of stroke?

F.A. de Falco

14.50-15.10 Patent foramen ovale: myth or realty?

C. Finocchi

15.10-15.30 Headache in subarachnoid hemorrhage and

endovascular procedures

E. Agostoni

15.30-15.45 Discussion

SESSION - CLINICAL ASPECTS OF HEADACHES (PART III)

Chairs: P. Torelli, D. Zarcone

15.45-16.05 HaNDL syndrome

F. Frediani

16.05-16.25 Headache in multiple sclerosis

and autoimmune disorders

L. La Mantia

16.25-16.45 Modern diagnostic and therapeutic approaches to

idiopathic intracranial hypertension without

papilledema

F. Bono

16.45-17.00 *Discussion*

17.00-17.30 Coffee break

SESSION - CLINICAL ASPECTS OF HEADACHES (PART IV)

Chairs: D. D'Amico, C. Finocchi

17.30-17.50	Migraine in perimenopausal women G.B. Allais
17.50-18.10	Headaches attributed to visual disturbances S. Bianchi Marzoli
18.10-18.20	Discussion
18.20-18.50	ANIRCEF PRESIDENT'S LECTURE The behavioural model of headache P. Cortelli Introduced by G. Bussone
21.00	Dinner

Saturday 30 May 2015

SESSION - POSTERS

Chairs: G. Casucci, F. Perini

8.30-9.00 Viewing and discussion of posters

FICEF SYMPOSIUM

Chairs: V. Bonavita, G. Bussone

9.00-9.20 The role of the community pharmacist in the

management of headaches: a survey in Piedmont, Italy

P. Brusa

9.20-9.40 Migraine an lifestyle in childhood

G. Casucci

9.40-9.50 *Discussion*

9.50-10.20 LECTURE

The lesson of chronic migraine

V. Bonavita

Introduced by G. Bussone

SESSION - NEWS ON THE TREATMENT OF PRIMARY HEADACHES

Chairs: G. Broggi, A. Rapoport

10.20-10.40 News on treatment of primary headaches from the USA

A. Rapoport

Introduced by P.B. Rizzoli

10.40-11.00 Integrating nonpharmacological with pharmacological

treatments in a comprehensive headache treatment

center F. Andrasik

11.00-11.20	Cutaneous neurostimulation in primary headaches: the Italian experience L. Grazzi
11.20-11.40	Advanced technologies and novel neurostimulation targets in TACs G. Lambru
11.40-12.00	Surgical neurostimulation of primary headaches: update and review A. Franzini
12.00-12.20	Discussion
12.20-12.30	Oral presentation of best poster
12.30-12.40	Prize-giving best short communication and best poster
12.40-12.50	Closing Remarks G. Bussone
13.00	Farewell cocktail

BRIEF COMMUNICATIONS

Thursday 28 May 2015

18.00-19.00

Chairs: R. De Simone, G. Pierangeli

Familial cluster headache in an Italian case series

A. Taga, M. Russo, G.C. Manzoni, P. Torelli Headache Centre, Department of Clinical and Experimental Medicine, University of Parma, Italy

Osmophobia in allodynic migraineurs: cause or consequence of central sensitization?

C. Lovati¹, L. Giani¹, D. Castoldi¹, C. Mariotti D'Alessandro¹, F. De Angeli¹, E. Capiluppi¹, D. D'Amico² and C. Mariani¹

¹Headache Center, Neurology Unit, A.O. L. Sacco, Milan, Italy; ²Headache Center, C. Besta Neurological Institute, IRCCS Foundation, Milan, Italy

Headache in cerebral venous thrombosis associated with extracranial tumors: a clinical series

S. Iurlaro¹, A. Silvani², M. Mauri3, G. Truci⁴, S. Beretta⁵, A. Zilioli¹, M. Guidotti3, A. Salmaggi², C. Ferrarese⁵, G. Comi⁴, M. Riva¹¹Neurology, AO of Lodi, Lodi; ²Neurology, C. Besta Neurological Institute, IRCCS Foundation, Milan, Italy; ³Neurology, Valduce Hospital, Como; ⁴Neurology, S. Raffaele Hospital, University "Vita Salute", Milan; ⁵Neurology, S. Gerardo Hospital, University of Milano-Bicocca, Monza, Italy

Persistent Orthostatic Headache without Intracranial Hypotension: which treatment?

M. Curone¹, A. Proietti Cecchini¹, L. Chiapparini², D. D'Amico¹

¹Department of Clinical Neurosciences, Headache and Neuroalgology Unit; ²Neuroradiology Unit, C. Besta Neurological Institute, IRCCS Foundation, Milan, Italy

Loss of periventricular white matter structural integrity in patients with idiopathic intracranial hypertension

M. Curcio¹, M.E. Caligiuri², A. Cherubini², M. Trimboli¹, M.R. Mazza¹, P. Perrotta² D. Salvino¹, A. Quattrone^{1,2}, F. Bono^{1,2}

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Triptan use among hospital workers affected by migraine

G. Viticchi, L. Falsetti¹, L. Buratti, A. Plutino, L. Provinciali, M. Silvestrini, M. Bartolini

Neurological Clinic, Marche Polytechnic University, Ancona, Italy; ¹Internal and Subintensive Medicine, Ospedali Riuniti Ancona, Italy

Multidisciplinary treatment for Chronic Migraine with Medication Overuse: preliminary study

L. Grazzi, F. Andrasik¹, A. Prunesti, G. Bussone

C. Besta Neurological Institute, IRCCS Foundation, Milan, Italyy;
¹Department of Psychology, University of Memphis, TN, US

POSTERS

Friday 29 May 2015

8.30-9.00

Chairs: F. d'Onofrio, P. Querzani

Predictor factors influencing the response to Botulinum Toxin type A (BoNTA) in chronic migraine: a new therapeutic strategy M.R. Mazza¹, D. Salvino¹, M. Trimboli¹, M. Curcio¹, B. Vescio², A. Quattrone^{1,2}, F. Bono^{1,2}

¹Headache Group. Institute of Neurology. University "Magna Graecia" of Catanzaro, Italy; ²Neuroimaging Research Unit, Institute of Molecular Bioimaging and Physiology, National Research Council-Catanzaro, Italy

Worsening/improving of headache is related to positional changes in CSF pressure in headache arising from high/low CSF pressure M. Trimboli¹, M. Curcio¹, M.R. Mazza¹, D. Salvino¹, B. Vescio², A. Quattrone¹, F. Bono¹

¹Headache Group. Institute of Neurology. University "Magna Graecia" of Catanzaro, Italy; ²Neuroimaging Research Unit, Institute of Molecular Bioimaging and Physiology, National Research Council-Catanzaro, Italy

Quantum molecular resonance - (QMR) for treatment of chronic tension type headache according with I.A.R.A. model: observational study L. Grazzi¹, G.B. Allais², M.G. Saracco³, M. Cavallini³, A.M. Padovan⁴, F. Gulotta⁴, S. Pelosin⁴, P. Agagliati⁵, M. Aguggia³

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Work-related difficulties in patients with episodic and chronic migraine: a study protocol to define relevant themes

C. Scaratti, A. Raggi, M. Leonardi, L. Grazzi, D. D'Amico

C. Besta Neurological Institute, IRCCS Foundation, Milan, Italy

Panic-agoraphobic spectrum in migraineuses patients

V. Pizza¹, D. Cassano¹, V. Busillo², A. Agresta¹, C. Colucci d'Amato³

¹Neurophysiopatology Unit, S. Luca Hospital, Vallo della Lucania (SA), Italy; ²Neurological Unit, S. Maria Addolorata Hospital, Eboli (SA), Italy; ³Neurological Sciences Department, Second University of Naples, Italy

Post traumatic headache and therapeutic approach with paroxetine V. Pizza¹, D. Cassano¹, V. Busillo², A. Agresta¹, C. Colucci d'Amato³

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MRI findings in idiopathic intracranial hypertension (IIH): results in 60 italian patients

L. Chiapparini¹, M. Curone², A. Erbetta¹, S. Bianchi-Marzoli³, P. Ciasca³, G. Farago¹, E. Ciceri¹, D. D'Amico²

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Normal RNFL and GCC thickness in migraine with and without aura

A. Criscuoli¹, S. Usai², G. Tremolada¹, D. D'Amico², M. Curone², G. Bussone², S. Bianchi Marzoli¹

¹Department of Ophthalmology, Neuro-Ophthalmology Unit, IRCCS Istituto Auxologico Italiano, Milan, Italy; ²Department of Clinical Neuroscience, Headache Unit, C. Besta Neurological Institute, IRCCS Foundation, Milan, Italy

Employment difficulties in persons with headache: a systematic literature review

M. Willems

¹Neurology, Public Health, and Disability Unit, C. Besta Neurological Institute, IRCCS Foundation, Milan, Italy

POSTERS

Saturday 30 May 2015

8.30-9.00

Chairs: G. Casucci, F. Perini

Increased shear stress as a possible link between stroke and migraine S. Viola¹, P. Viola², M.P. Buongarzone¹, L. Fiorelli¹, M. Cipulli¹, P. Litterio¹ Department of Neurology, Headache Center, Vasto (CH), Italy; ²Emergency Medical Service, Atessa (CH), Italy

The Valsalva maneuver during delivery effort does not cause a recurrence of orthostatic headache from spontaneous intracranial hypotension

E. Ferrante¹, G.F. Rubino², M.M. Ferrante³

¹Headache Centre, Department of Neurological Science, Azienda Ospedaliera Niguarda Ca' Granda, Milan, Italy; ²Anaesthesia Department, Azienda Ospedaliera Niguarda Ca' Granda, Milan, Italy; ³Anaesthesia Department, Insubria University, Varese, Italy

Early pain relief from orthostatic headache and hearing changes in spontaneous intracranial hypotension after epidural blood patch in trendelenburg position: a prospective study

E. Ferrante¹, E. Olgiati^{3,4}, V. Sangalli¹, F. Rubino², E. Agostoni¹

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Osteopathic manipulative treatment of headache in a polytrauma patient: case report

V. Adragna, S. Piazzolla, G. Lo Voi

Research Department, Centro Studi di Osteopatia Tradizionale, Rome, Italy

Osteopathic treatment of migraine without aura: outcome research V. Adragna¹, R. Desideri¹, G. Giannotti¹, R. Galati¹, L. Triggiani²
¹Research Department, Centro Studi di Osteopatia Tradizionale, Rome, Italy; ²Headache Surgery, San Giovanni Battista Hospital, Rome, Italy

Osteopathic manipulative treatment and chronic tension-type headache V. Adragna, B.M. Camerani, F. Abburà, E. Simonetto, R. Desideri Research Department, Centro Studi di Osteopatia Tradizionale, Rome, Italy

Use of Botulinum Toxin Type a in the management of patients with drug-resistant chronic migraine with and without medication overuse at the Parma Headache Centre

M. Russo, A. Taga, G.C. Manzoni, P. Torelli Parma Headache Centre, Department of Clinical and Experimental Medicine, University of Parma, Italy

Metilprednisolone EV in medication overuse headache M. Paolucci, R. Altavilla, G. Gambale, G. Altamura, F. Vernieri Headache Centre, Policlinico Universitario Campus Bio-Medico di Roma, Rome, Italy

Supraorbital transcutaneous neurostimulation in "de novo" patients with migraine without aura: the first Italian experience A. Russo^{1,2}, A.Tessitore^{1,2}, F. Conte^{1,2}, L. Marcuccio^{1,2}, G. Tedeschi^{1,2} ¹Headache Center, Department of Medical, Surgical Neurological, Metabolic and Aging Sciences, Second University of Naples, Naples, Italy; ²MRI Research Center SUN-FISM, Second University of Naples, Naples, Italy

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SCIENTIFIC INFORMATION

Official language of Congress

The official language of the Congress is Italian. Simultaneous Italian-English /English-Italian translation, as appropriate, will always be available.

ECM

As prescribed by the Italian Ministry of Health in relation to the Italian National Continuing Medical Education Program, the Congress gives a total of 12 (twelve) CME credits to the following participants:

PHYSICIANS (following disciplines: Anesthesia and Intensive Care, Clinical Pharmacology and Toxicology, Gynecology and Obstetrics, Internal Medicine, Neurosurgery, Neuopathophysiology, Neurology, Pediatric Neurology, Ophthalmology, Otorhinolaryngology, Neuroradiology, and Psychiatry); PHARMACISTS, PSYCHOLOGISTS and DENTISTS

CME accreditation for the Congress has been requested by the Provider: Associazione per una Scuola delle Cefalee (ASC - Provider Code: 619).

SCIENTIFIC SESSIONS

Invited talks

Presentations as PowerPoint files must be delivered to technical personnel at least two hours before the time scheduled for the talk to begin.

After the Congress, presentation files will be eliminated from hard disks. No copies will be kept.

Please note that in all cases, presentation times will be rigorously enforced. Please keep to allocated times.

Oral communications

Oral communications will be given in the Plenary Hall. Speakers are allocated 8 minutes (5 minutes for presentation, 3 minutes for questions and discussion). Slides can be presented. Please deliver the PowerPoint file technical personnel at least two hours before the time scheduled for the presentation. Files will be eliminated from hard disks after the Congress. No copies will be kept. Please note that in all cases, presentation times will be rigorously enforced.

Please keep to allocated times.

Poster

Posters should be displayed on the panels provided in the poster area. Posters can be put up starting from 1 pm Thursday 28th May.

The author of the best poster will have the opportunity to present the work as a brief communication during the poster presentation session.

Prizes

Prizes for the best brief communication and best poster, as judged by the Scientific Committee, will be awarded in a ceremony at the end of the proceedings. Authors should be present to receive their award – if not the prize will go to the runner-up.

GENERAL INFORMATION

Scientific Secretariat

E-mail: stresa2015@asc-scuolacefalee.it

Organizing Secretariat

EVA Communication Srl

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ECM Provider

Associazione per una Scuola delle Cefalee (ASC)

ID 619

http://www.anircef.it/opencms/sezioni/asc/cosaASC/



Congress Venue

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Press Office

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Availability of Secretary of the Congress

The Congress Secretary's Desk is staffed at the following times:

Thursday 28th May: 13.00-19.30 Friday 29th May: 08.00-19.30 Saturday 30th May: 08.00-13.00

Accommodation

The Organizing Secretariat will be pleased to provide information on hotels in Stresa and help with booking.

How to reach the Congress

Car

From Milan take the Milano-Laghi autostrada, direction Gravellona Toce (initially A8 then E62). Exit the autostrada at Carpugnino and follow the signs down to Stresa.

Air

The most convenient airport is Malpensa Milano. Stresa can be reached by taxi from the airport in about 45 minutes.

Train

From Milano Centrale (Milan Central station). Several trains a day.

The Stresa train station is just a few minutes on foot from the congress site (even with wheeled baggage). If you do not want to walk a taxi can be found at the station exit.

Seminar fees and how to register

The Registration Form can be downloaded from www.anircef.it

Completed Registration Forms, together with proof of payment, must arrive at the Organizing Secretary no later than **15 April 2015**.

Registration after 15 April will cost 20% extra.

Late registrations can be accepted up to 15 May. After that date it will be only be possible to register at the Seminar itself.

Those who pay the registration fee are entitled to:

- A certificate of attendance
- The Seminar Proceedings (Neurological Sciences Supplement)
- The Congress kit
- Lunch (Friday 29 May)
- Dinner (Friday 29 May) except young doctors who pay the reduced fee
- Coffee breaks
- Farewell cocktail

How to pay

- * Send a check, made out to EVA Communication Srl at Via R.R. Pereira 151/D, 00136 Roma.
- * Pay by bank draft with beneficiary EVA Communication Srl. The draft should be directed to Banca Intermobiliare Investimenti e Gestioni SpA, Filiale di RM, IBAN IT 15 I 03043 03200 0045 7000 4162

Penalty

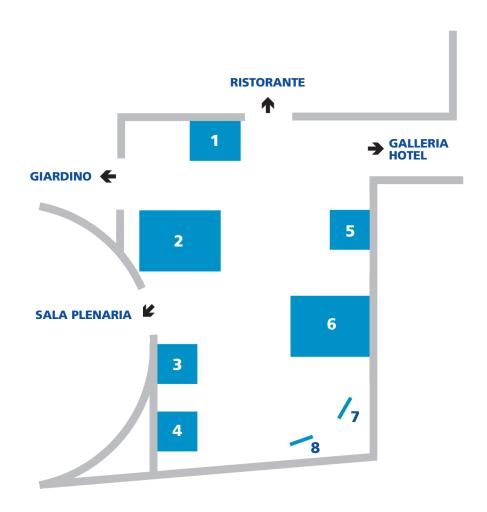
For cancellation 60 days or more before the start of the Seminar, the entire fee is reimbursed minus banker's charges.

For cancellation less than 60 but more than 30 days before the start of the Seminar, an administrative fee of 25% will be deducted from the reimbursement.

In the event of cancellation less than 30 days before the start of the Seminar no reimbursement is payable.

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